



October 2024

## SAFETY NEWSLETTER

Hello valued clients and friends of Exceed Safety!

Welcome to October!

### OUR MISSION:



**"Empowering safety teams - today, tomorrow, and always."**

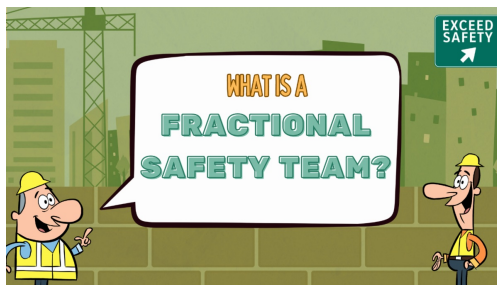
Hello and Happy October! As the days grow shorter and the air becomes crisp, this month brings new challenges and opportunities to enhance workplace safety. With the changing weather and the start of holiday preparations, now is an ideal time to take a step back and evaluate the safety measures we have in place.

October is the perfect time to conduct safety audits and ensure that equipment and

facilities are prepared for the colder months ahead. Whether it's reducing slip and trip risks or improving visibility with shorter daylight hours, there are always safety protocols that can be evaluated and improved upon.

As always, we're here to support you in creating a safer and more efficient workplace. If you need assistance with safety training, assessments, or customized safety plans, don't hesitate to reach out. Let's work together to finish the year strong and keep safety a top priority through every season.

Thank you for your continued partnership, and we look forward to a productive and safe October!



## What does a Fractional Safety Team do?

Very few people can fill all the roles that companies require in a safety person. Our Fractional Safety Team gives our clients access to our entire skill set in one package that fits your budget. We can offer our entire team for about what it costs you to hire one person.

[Watch Now](#)

## Pedestrian Safety Month



During October, USDOT and NHTSA recognize National Pedestrian Safety Month. In 2022, there were 7,522 pedestrians killed in traffic crashes in the United States. That is 21 pedestrians a day and 145 pedestrians a week.

Research shows that the average risk of death for a pedestrian reaches 10% at an impact speed of 23 mph, 25% at 32 mph, 50% at 42 mph, 75% at 50 mph and 90% at 58 mph.



No matter how safe a driver thinks they may be, speeding is dangerous. Speed limits aren't a suggestion; they are the law. Obeying posted speed limits keeps drivers, passengers and pedestrians safe.

Additionally, teaching (or reminding) children, adults, and senior citizens to stay alert and be aware of their surroundings can reduce the likelihood of a pedestrian accident.

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### Fire Prevention Week (October 6-12)



Since 1922 (!), the National Fire Protection Association has sponsored the public observance of Fire Prevention Week. In 1925, President Calvin Coolidge proclaimed Fire Prevention Week a national observance, making it the longest-running public health observance in our country. This year's **Fire Prevention Week** aims to educate everyone about the importance of having working smoke alarms in the home.

Smoke alarms should be installed in every bedroom, outside each separate sleeping area (like a hallway), and on each level (including the basement) of the home. For deaf or hard of hearing individuals, an alarm with strobe lights and/or a bed shaking device should also be considered. Be sure to test your smoke alarms at least once a month and consider replacing them when they are more than 10 years old or stop working when tested.

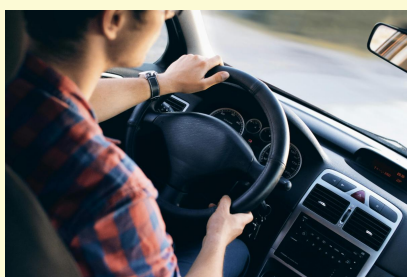
As with all emergencies, we recommend having a safety plan in place. Everyone in the home should know the sounds and signals of the smoke. Have an outside meeting place to make sure that everyone gets out safely. When the alarm sounds, get outside and stay outside. Call 911 from a mobile phone or nearby residence.

A small investment in working smoke alarms can be a lifesaver for you and your family!

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National Teen Driver Safety  
Week  
(October 20-26)

Lead Poisoning Prevention Week  
(October 20-26)



While getting your license is an exciting milestone in every teen's life, their inexperience behind the wheel makes them more susceptible to crashes. While many teens understand the risks that come with driving, it's also important for parents and caregivers to reinforce the rules of the road. This year's campaign focuses on seven key target behaviors that teens should practice:

1. Wear a seat belt and make sure all passengers do as well
2. No speeding
3. **No distractions**
4. No extra passengers - if they don't have a proper seat and a seatbelt, they shouldn't be in the car
5. No alcohol
6. No drugs
7. No impairment-causing medications

In addition to these target behaviors, the campaign also emphasizes that parents and caregivers serve as role models to teens as they hit the roads and should practice these safe-driving techniques themselves!



Each year, National Lead Poisoning Prevention Week (NLPPW) is a call to bring together individuals, organizations, industry, and state, tribal, and local governments to increase lead poisoning prevention awareness to reduce childhood exposure to lead. Even very low levels of lead in a child's bloodstream can have negative effects on behavior, intellect, concentration and academic achievement. Children under 6 are particularly vulnerable. Adults and children can get lead into their bodies in several ways:

- Breathing in lead dust (especially during activities such as building renovations, repairs, painting, or from hobbies or jobs).
- Swallowing lead dust that settles on food, food preparation surfaces, floors, windowsills, and other places.
- Eating paint chips or soil that contain lead.
- Drinking water from lead pipes, faucets, and fixtures.

If you have a concern about lead, NLPPW encourages you to "Get the fact. Get your child tested. Get your home tested." You can find a free resource guide here: **[NLPPW Information Kit.](#)**





This month, we send happy birthday wishes to the U.S. Navy celebrating its 249th trip around the sun! Historically our Navy has proven to be the first line of defense, ready to engage wherever needed, during peacetime or war ensuring freedom of the seas.

The USS Constitution is the world's oldest commissioned naval vessel still afloat. Located in Charlestown Navy Yard in Boston, it now houses a museum offering visitors the chance to explore the ship's storied past, its pivotal role in the War of 1812, and the lives of the sailors who served on it. To all our active or veteran U.S. Navy readers, thank you for your service!



A frighteningly fun holiday many kids look forward to, Halloween poses some extra safety risks for kids and teens. Fortunately, these can be mitigated with some advanced planning.

Young children should always be accompanied by an adult. If older children are trick-or-treating alone, their route should be planned and approved in advance and a specific return time should be set.

Everyone should be equipped with flashlights or other safety lights with working batteries. For those planning on handing out candy, be sure to have working outdoor lights and remove any tripping or slipping hazards (like leaves, sticks, toys, hoses, etc) from the walking paths. If you have an active pet, consider restraining them so they don't jump on or scare trick-or-treaters.

Many cities have instituted earlier trick-or-treating hours to ensure everyone's safety, but if yours has not, you might look for a local "trunk or treat" event or see if a nearby shopping district offers trick-or-treating from store to

store. However you choose to celebrate, we wish you spooky fun!

Keep up with Exceed Safety!

CLICK THE BUTTON BELOW TO VISIT OUR WEBSITE, WHERE YOU CAN JOIN OUR MAILING LIST AND BE NOTIFIED WHEN THE MONTHLY NEWSLETTER IS RELEASED.



Visit our Website

Safety Calendar

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 National Name Your Car Day	3	4 National Manufacturing Day	5 National Do Something Nice Day
6 National Mental Illness Awareness Week Oct 6-12 Fire Prevention Week Oct 6-12	7 National Jonathan Day National Propane Day National LED Light Day National Depression Screening Day	8	9 Fire Prevention Day National Stop-Bullying Day	10 World Mental Health Day National Metric Day	11 National Kim Day	12 Bone and Joint Health Action Week Oct 12-20
13 Navy Birthday National Work from Home Week Oct 13-19 National Train Your Brain Day	14 National Make It Happen Day Columbus Day	15 Global Handwashing Day	16 National Boss's Day	17 Get To Know Your Customers Day	18 National No Beard Day	19 Bridge Day International Repair Day
20 National Teen Driver Safety Week Oct 20-26 International Infection Protection Week Oct 20-26 National Jeff Day	21 National School Bus Safety Week Oct 21-25 National Apple Day	22 National Ana Day	23	24	25	26 National Make A Difference Day National Day of the Deployed
27 National Lead Poisoning Prevention Week Oct 27-Nov 2 Navy Day	28	29 World Stroke Day National Cat Day	30	31 Halloween		

EVENTS

- National Breast Cancer Awareness Month  
Contact Lens Safety Month  
Cybersecurity Awareness Month  
Fall Safety Campaign  
Great Shakeout Earthquake Drill  
AIDS Awareness Month  
National Bullying Prevention Month  
National Substance Abuse Prevention Month
- Pedestrian Safety Month  
National Ergonomics Month  
Eye Injury Prevention Month  
National Protect Your Hearing Month  
Eye Injury Prevention Month  
National Crime Prevention Month

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*As a reminder, please follow us on social media at the links below, and if you have questions, comments, or wish to speak to us about our services, please call or email us directly!*

**Have a safe month!**  
**Tim Neubauer, MS, CSP,**  
**Owner/President, Exceed Safety**

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