



September 2024

## SAFETY NEWSLETTER

Hello valued clients and friends of Exceed Safety!

Welcome to September!

### OUR MISSION:



**"Empowering safety teams - today, tomorrow, and always."**

Hello, Exceed Safety friends and colleagues! It's hard to believe we are rapidly approaching the back half of 2024!

As the pace of work often picks up this time of year, it's crucial to remain attentive to potential hazards and ensure that safety practices are not only maintained but

enhanced where needed. With the change in season, some hazards become more prominent and it's important to be aware and remain attentive as we transition into autumn.

Falling leaves and rainy weather can lead to **slips, trips, and falls**, early frost and shorter daylight hours can lead to icy conditions, and the lead up to the holiday season often increases our fatigue and stress. Not to mention all those cold germs going around, especially as kids return to class! We encourage you to **prioritize a healthy lifestyle** this month (and always!). Remember, a proactive approach to safety is key to preventing accidents and ensuring a productive and healthy workplace.

As always, we're here to help you every step of the way, whether through training, consultations, or simply sharing the latest industry updates. Please don't hesitate to reach out if you need any assistance. Together, let's make this fall a safe and successful season for all.

All the best,  
*Tim and the Exceed Safety Team*

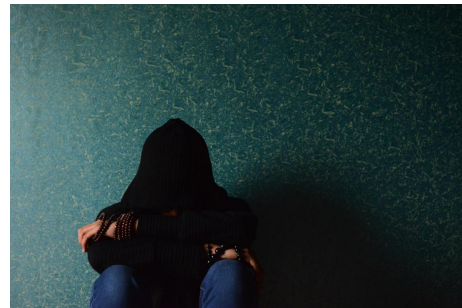
### National Preparedness Month



National Preparedness Month is an observance each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time. Be it hurricane, forest fire, tornado, or blizzard, being prepared in advance for a disaster is essential for keeping yourself safe.

Ready.gov provides some excellent information on building an **emergency supply kit** and

### National Suicide Prevention Month



This month, mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness. This month, we remember the lives lost to suicide, acknowledge the millions more who have experienced suicidal thoughts, and the many individuals, families and communities that have been impacted by suicide.

**Addressing mental health is**



[weather.gov](https://www.weather.gov) provides up to the minute reports on weather around the country. This month, we encourage you to learn your risks for potential disasters in your area and make a safety plan.

[crucial](#) for folks in any industry and poor mental health doesn't just harm the individual; it affects their family, friends, and colleagues. This month, we encourage you to educate yourself and others about suicide prevention. Learn the [warning signs](#) and [risk factors](#) for suicide, how to [support](#) someone considering suicide, and familiarize yourself with the [988 Suicide & Crisis Lifeline](#).

### Childhood Injury Prevention Week (Sept 2-7)



The CDC reports accidents (unintentional injuries) are the [leading cause of death](#) in children aged 0-14, as of 2022. The American Academy of Pediatrics offers [a series of safety articles](#) addressing how to keep kids safe at home, on the go, and at play. They include things like home safety for young children, summer safety, and car safety.

Childhood injuries happen, especially as kids learn how to navigate the world, but with a little bit of knowledge, we can help them take safer risks and prevent tragic incidents from occurring.

### Construction Appreciation Week (Sept 16-20) -



Each year in the third week of September, National Construction Appreciation Week acknowledges and celebrates people working in the U.S. construction industry. Estimates put the number of construction workers in the United States anywhere from 2 to 8 million people, with that number fluctuating during peak building season.

According to [census.gov](https://www.census.gov), [construction spending reached \\$2148.4 billion in June](#) of 2024. From the homes we live in into the offices we work in; this industry's impact is foundational to our daily lives. This week serves as a

reminder of the hard work, dedication, and innovation inherent in construction!

## Air Force Birthday (Sept 18th)



This month we celebrate the birthday of the US Air Force! The US Military purchased its first aircraft in 1909, however the US Air Force did not exist as we know it until September of 1947. Initially, it was operated as a US Army division until World War II showed how valuable air power was.

The National Security Act of 1947 became law in July of 1947, with the first Secretary of the Air Force (Stuart Symington) stepping into the role on September 18, 1947. We send our thanks to all our service members, current and former, of the US Air Force. "Aim High...Fly-Fight-Win"!

## Keep up with Exceed Safety!

CLICK THE BUTTON BELOW TO VISIT OUR WEBSITE, WHERE YOU CAN JOIN OUR MAILING LIST AND BE NOTIFIED WHEN THE MONTHLY NEWSLETTER IS RELEASED.



[Visit our Website](#)



# Safety Calendar

## September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 National Childhood Injury Prevention Week Sept 1-7	2 Labor Day	3 National Payroll Week Sept 3-7 National Another Look Unlimited Day	4	5	6 National Read a Book Day	7
8 National Dave Day National Suicide Prevention Week Sept 8-14	9	10 World Suicide Prevention Day	11 Patriots Day National Make Your Bed Day	12	13	14
15 Child Passenger Safety Week Sept 15-21 National Truck Driver Appreciation Week Sept 15-21	16 National Construction Appreciation Week Sept 16-20	17 National IT Professionals Day Get Ready Day	18 Air Force Birthday Falls Prevention Awareness Week Sept 18-22	19	20 National Tradesmen Day Concussion Awareness Day	21 National Kristl Day
22 First Day of Fall National States and Capitals Day Falls Prevention Awareness Day	23	24	25 National John (Craig) Day	26 National Situational Awareness Day	27	28 National Seat Check Saturday National Hunting and Fishing Day
29 World Heart Day	30 International Podcast Day					

### EVENTS

National Preparedness Month  
National Recovery Month  
World Alzheimer's Month  
Fall Safety Campaign  
National Aging Month  
Self-Improvement Month  
National Spinal Cord Injury Awareness Month  
National Suicide Prevention Month  
National Pain Awareness Month  
National Falls Prevention Awareness Month  
Septis Awareness Month  
Sports Eye Safety Month  
Healthy Aging Month  
Pulmonary Fibrosis Awareness Month  
National Atrial/Fibrillation Awareness Month

Contact Us  
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*As a reminder, please follow us on social media at the links below, and if you have questions, comments, or wish to speak to us about our services, please call or email us directly!*

**Have a safe month!**  
**Tim Neubauer, MS, CSP,**  
**Owner/President, Exceed Safety**

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