

## January 2025 SAFETY NEWSLETTER

# Hello valued clients and friends of Exceed Safety! Welcome to the New Year!

### **OUR MISSION:**



"Empowering safety teams - today, tomorrow, and always."

Dear Clients and Safety Advocates,

Happy New Year! As we step into 2025, it's the perfect time for fresh starts and renewed commitments to safety. The beginning of a new year offers an opportunity

to set the tone for success by prioritizing workplace safety and creating proactive plans to mitigate risks. At Exceed Safety, we're excited to partner with you in 2025 and help you achieve your safety goals with confidence and consistency.

January is a great time to revisit your safety goals and evaluate the effectiveness of your current programs. Our goal is to equip you with actionable tips and resources to build a safer and more efficient workplace for the year ahead.

As always, we're here to provide support tailored to your unique needs, whether it's through consultations, training, or simply sharing our latest insights. Let's make 2025 a year of growth, success, and safety excellence together. Thank you for your continued trust in us, and we look forward to a great year ahead!

Warm regards,

Tim, Dave, and the Exceed Safety Team



### Staying Safe in the Winter Weather

Working on a job site can be tough in the intense winter weather...luckily, our Winter Weather Safety series is ready to inform you on how to endure and protect your fellow workers!

**Watch Now** 

### **Exceed Safety Headlines:**

Resolve to Be Ready – Emergency Preparedness



The folks at ready.gov and the US

World of Concrete 2025 (January 20th-January 23rd)



Exceed Safety will be at the

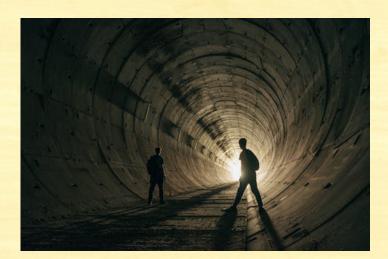
Department of Homeland Security challenge us to "resolve to be ready" in 2025 by making sure your family and place of business have emergency preparedness plans in place. While their focus in January is on being #WinterReady and preparing for potential cold weather emergencies, they have an entire calendar for 2025 to help you be ready for any situation. From natural disasters to financial stress, to cybersecurity, you'll find tips and tricks to help you prepare. We encourage you to make a plan!

World of Concrete convention in Las Vegas, a convention entirely dedicated to concrete, masonry and construction. Sounds like a great fit for us!

Among other attendees showing off the newest and greatest in safety and construction, our very own Tim Neubauer will be giving a seminar on best practices for fall protection at the event.

We hope to see you there!

#### National Radon Action Month



Radon is found everywhere in outdoor and indoor air of buildings of all kinds, including homes. It is a naturally occurring, radioactive element—meaning it gives off radiation—that occurs as a colorless, odorless, tasteless gas. Radon comes from the natural decay of radioactive elements in soil, rock and water, such as uranium and radium. As these elements decay, they form radon that gets into the air you breathe.

Most radon enters buildings through walls and floors in contact with the earth, especially in/around basements and foundations. Since radon is a gas, it can come in through cracks in solid floors and walls, construction joints, gaps in suspended floors, gaps around service pipes, cavities inside walls, and in drinking water that comes from groundwater.

When you breathe in radon gas, the particles stick to your lungs and over time can cause breathing problems and eventually result in lung cancer.

Testing your home is easy, low-cost, and could save your life. Contact your state or local health offices for information about testing for radon. Radon in your home can be a serious risk, but it's a problem you can fix.

### National Home Office Safety & Security Week (January 13-17)



The second full week of January is designated as Home Office Safety and Security Week, a time to encourage remote workers to evaluate the security of their respective work environments.

#### Recommended best practices include:

- Ensuring your home is equipped with a fire extinguisher and functioning smoke and carbon monoxide detectors.
- Investing in power strips to reduce cord clutter. Leaving numerous cords strewn across your home office can make you vulnerable to fires and falls.
- Practicing proper ergonomic posture throughout the workday.
- When working with sensitive information, be sure files are stored in a locked drawer or cabinet. Sensitive business documents should be shredded or disposed of properly.
- Work with your IT department to ensure you have virus software installed on your computer. Change passwords frequently to help prevent data breaches.
- Regularly back up your data in case of accidental deletion or ransomware attacks.
- Ensure that you have the proper homeowner's insurance coverage to protect your home office.

By implementing these tips, you can help ensure that you maintain a safe and secure workplace when working from home.

### National Passenger Safety Week (January 20-27)



We Save Lives and the National Road Safety Foundation launched The National Passenger Safety Campaign, with the goal to promote safe driving practices and prevent unsafe ones by empowering passengers to speak up when their lives are in danger due to a reckless driver.

While the campaign is heavily aimed at teenagers, they encourage everyone to use common sense before getting into a vehicle with an impaired driver. By speaking up you share that you care about the lives of your friends, family members and even strangers. They encourage everyone to **sign the "Courage to Intervene" promise** which, among other things, encourages passengers to not ride with someone if they are under the influence and to stop friends and loved ones from using their phones while driving.

### **Keep up with Exceed Safety!**



Visit our Website

### **Safety Calendar JANUARY 2025** SAFETY CALENDAR **MONTHLY** SUN MON TUE WED THU FRI SAT **EVENTS** National Blood Donor Month New Year's Day National Radon Action Month • Resolve to be Ready - Emergency Winter Safety Campaign National Stalking Awareness Month National Mentoring Month Office Safety & Security Week

As a reminder, please follow us on social media at the links below, and if you have questions, comments, or wish to speak to us about our services, please call or email us directly!

Have a safe month!
Tim Neubauer, MS, CSP,
Owner/President, Exceed Safety

Exceed Safety (919) 728-7233 info@exceedsafety.com exceedsafety.com Connect with us!







Exceed Safety LLC | 7610 Falls Of Neuse Rd. Suite 200 | Raleigh, NC 27615 US

<u>Unsubscribe</u> | <u>Update Profile</u> | <u>Constant Contact Data Notice</u>



Try email marketing for free today!