

EXCEED SAFETY



April 2025

NEWSLETTER

Hello valued clients and friends of Exceed Safety!

Spring is here!

OUR MISSION



EXCEED SAFETY IS DEDICATED TO SAVING LIVES AND REDUCING INJURIES WITH OUR CUSTOM-TAILORED APPROACH TO SAFETY. WE ARE COMMITTED TO SUPPORTING OUR CLIENTS AND, BY EXTENSION, THE NEXT GENERATION OF SAFETY PROFESSIONALS BY DELIVERING SUPERIOR RESULTS, WHILE POSITIVELY IMPACTING THEIR LIVES, OUR COMMUNITIES, AND THE LIVES OF OUR EMPLOYEES.

"Empowering safety teams - today, tomorrow, and always."

Dear Clients and Safety Champions,

Happy April! With spring in full swing, now is the perfect time to focus on renewal—not just in nature but in our safety practices as well. Warmer temperatures and longer days bring new workplace challenges, from outdoor hazards to increased project demands. At Exceed Safety, we're here to help you refresh your safety programs, reinforce best practices, and ensure your team is prepared for the months ahead.

April is also a great time to revisit your emergency preparedness plans, especially with severe weather risks like spring storms and flooding on the horizon. It's also a great time to review travel policies with your teams that commute to jobsites or other locations as Distracted Driving Awareness Month and Work Zone Awareness Week fall during April. Staying proactive now can prevent costly incidents down the road.

As always, we appreciate your commitment to workplace safety and are here to support you in any way we can. If you need assistance with training, risk assessments, or compliance updates, don't hesitate to reach out. Let's embrace the energy of spring and make April a month of safety, growth, and success!

Yours in Safety,
Tim, Dave, and the Exceed Safety team

COMPANY HEADLINES

Safety Unlocked



Have you heard of our podcast, Safety Unlocked? If you need the latest on safety from an expert's perspective, Exceed Safety's Tim

Ask Sara



Neubauer and Dave Bittner are here to discuss - and have some light-hearted banter along the way!

In our most recent episode, Tim and Dave highlight the current relevance of behavior-based safety, as well as vehicle safety recalls/repairs, the relative safety of spending a whole day on your feet, and more!

Stay tuned for more new episodes!

CHECK IT OUT!

Exceed Safety is proud to introduce Ask Sara, a series of short videos where our own Sara Garfi answers your questions about safety consulting, construction, and everything else she does on a daily basis!

Today's question; what's the most difficult part of her job? Sara emphasizes why communication is key in the field.

WATCH NOW!

Distracted Driving Awareness Month



Distracted driving is quickly becoming an epidemic on our roads. Cell phone use is the most common distraction, however cars with screens are making it increasingly difficult to focus when one needs to change a setting (the radio, heat, etc.). Eating and drinking, tending to children, applying makeup, or rummaging through personal belongings can also cause distracted driving.

In 2022, distracted driving killed over 3000 people. These accidents are preventable. Here are some tips:

-When driving with others, designate a car “operations manager”. This person will answer phone calls/texts, look up directions, deal with kids, or handle any other issue that may come up while driving.

-Driving alone and need to make a phone call or text? Pull over in a safe location first.

-Never scroll through apps while driving. Set your music, GPS, etc., before taking off and leave it for the duration of your trip. Struggling to stay off your phone? Put it in the glovebox until you arrive.

Cancer Control Month



Throughout April, organizations from coast-to-coast honor those affected by cancer by committing to strategies aimed at reducing the burden of cancer. “Cancer burden” refers to the number of cancer cases and the effects of cancer in a country, community, family, or even, in just one person. President Franklin D. Roosevelt declared the first Cancer Control Month in April 1943.

The growing number of cases has continued to shape the way Cancer Control Month is enacted. There are currently 5 goals:

Cancer Prevention – Between 30%-50% of cancer cases are preventable.

Early Detection – Early detection greatly increases the effectiveness of treatment.

Improving Treatments & Increasing Survival Rate – These goals acknowledge that not all cancer can be prevented, however through research, treatments and survival rates can be improved.

Improving Quality of Life - A cancer diagnosis can be extremely difficult for patients and their families. To reduce the burden of cancer, it is vital that supporting people before, during, and after their diagnosis remains a priority.

The National Foundation for Cancer Research has created a free Cancer Prevention and Early Detection Kit, accessible [here](#).

(April 7-11)



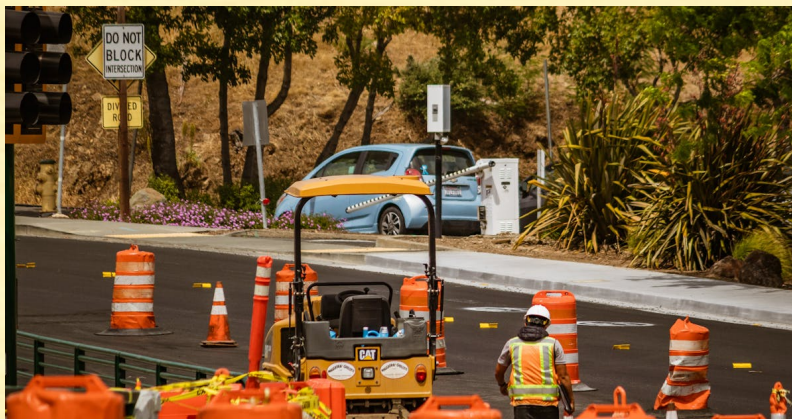
The arrival of spring invites people to open their windows and let in the fresh air. Window Safety Week was created to help families understand the role of windows in escaping a fire or other emergency, as well as learning how to safeguard against window falls.

When using windows for ventilation, be sure to use only those that are out of a child's reach and remove any furniture to prevent children climbing and gaining access. Don't rely on screens to protect from a fall – never open a window more than 4" while children or pets are present.

In the event of an emergency, be sure everyone knows the escape route; plan at least two different ways in case one is blocked. Consider purchasing an ASTM Certified escape ladder for windows and practice using it.

Follow the **Window Safety Task Force** for more information.

Work Zone Awareness Week (April 21-25)



National Work Zone Awareness Week (NWZAW) is an annual spring campaign, hosted by the North Carolina Department of Transportation, held at the start of construction season to encourage safe driving through highway work zones. The key message is for drivers to use extra caution in work zones. This year's theme is

“Respect the zone, so we all get home.”

When taking a trip, research your route beforehand and be aware of any construction or road closures. Pay attention while driving – be aware of signage that can indicate speed or lane changes. A good rule of thumb when driving through a work zone is to slow down and keep your distance. Rear-end crashes are extremely common in work zones and workers could cross the road unexpectedly.

Remember to “respect the zone”!

Playground Safety Week (April 21-25)



With warmer temps comes more time to play outside! Each year, more than 200,000 children go to U.S. hospital emergency departments with injuries associated with playground equipment and the beginning of spring is a great time to familiarize yourself with risk and injury prevention on playgrounds.

Improper ground surfaces: Surfaces around playground equipment should have at least 12 inches of wood chips, mulch, sand or pea gravel, or mats made of safety-tested rubber or rubber-like materials. Playgrounds should be free of exposed concrete footings, rocks or tree stumps.

Overcrowded play areas: The area under and around play equipment should be a minimum of 6 feet in all directions while swing set areas should be twice the height of the suspending bar both in back and front of the swings. Structures more than 30 inches high should be at least 9 feet apart.

Unprotected elevated areas: Platforms higher than 30 inches should have guardrails or barriers.

Head entrapment spaces: Openings between rails, bars, rungs and even ropes of cargo nets should be less than 3 1/2 inches or more than 9 inches.

Sharp points and edges: Playground equipment should be free of protruding bolt ends, "S" hooks, and other sharp points and edges.

Beware of strangulation hazards: Children should not wear or play with anything that could get caught on equipment

Be cautious of sun exposure: Playgrounds should have full or partial sun protection between 10am and 2pm, peak exposure time. Limit playtime during these hours and know the signs of heat illness. If playground equipment is hot to the touch, it could cause burns.

Worker's Memorial Day (April 28)



In 1989, the American Federation of Labor and Congress of Industrial Organizations (AFL-CIO) declared April 28 "Workers' Memorial Day" to honor the hundreds of thousands of working people killed and injured on the job every year. April 28 is the anniversary of the date the Occupational Safety and Health Act of 1970 went into effect, and when the Occupational Safety and Health Administration was formed (April 28, 1971). This day is recognized internationally as a day of remembrance and action for workers killed, disabled, injured, or made unwell by their work.

A virtual memorial, developed in partnership with the United Support & Memorial for Workplace Fatalities (USMWF) can be **found here**, in honor and recognition of those who lost their lives due to an occupational incident, illness or disease in the U.S. while on the job.

Although we cannot bring back those we have lost, we can continue to defend hard-won safety and health protections and workers' rights and demand enforcement of job safety laws to prevent job-related tragedies from happening to others.

KEEP UP WITH US!

CLICK THE BUTTON BELOW TO VISIT OUR WEBSITE, WHERE YOU CAN JOIN OUR MAILING LIST AND BE NOTIFIED WHEN THE MONTHLY NEWSLETTER IS RELEASED.




VISIT OUR WEBSITE

Safety Calendar

APRIL 2025
SAFETY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT	MONTHLY EVENTS
		1	2 National Walking Day	3	4	5	<ul style="list-style-type: none">• Distracted Driving Awareness Month• Cancer Control Month• National Volunteer Month• Citizen Science Month
6	7	8	9	10	11	12	
	National Window Safety Week		National Public Health Week				
13	14	15	16	17	18	19	
20 Easter	21	22	23	24	25	26	
	Work Zone Awareness Week		National Playground Safety Week				
27	28 Workers Memorial Day	29	30				



www.exceedsafety.com

As a reminder, please follow us on social media at the links below, and if you have questions, comments, or wish to speak to us about our services, please call or email us directly!

Have a safe month!
Tim Neubauer, MS, CSP
Owner/President, Exceed Safety

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