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Hello valued clients and friends of Exceed Safety! Welcome to August!

OUR MISSION



"Safety is free - use it generously."

As summer begins to wind down, many workplaces are still operating at full speed in the heat, making this a critical time to stay focused on safety. Whether you're managing outdoor crews, preparing for seasonal transitions, or simply trying to

maintain momentum through the final stretch of summer, it's important not to let safety take a back seat.

In this month's newsletter, Sara talks about the realties of OSHA certifications, we prepare for our September Lunch and Learn, and emergency preparedness takes priority as we head into hurricane season and cooler weather.

As always, thank you for making safety a priority. We're proud to support you and your team with the tools, training, and insights you need to create a culture of safety that lasts year-round. If you need anything, don't hesitate to reach out. Let's finish summer strong and safe.

Yours in safety, The Exceed Safety team

PS: Are you interesting in collaborating with us for a blog article or social media post? Reach out to Kristi (kristi@exceedsafety.com) on our marketing team with your ideas!

COMPANY HEADLINES

September Lunch and Learn



Join us for our lunch and learn:

From Chaos to Control: Ending the Safety Whack-A-Mole

Friday September 19, 12pm CST

Tired of tackling safety issues only after something goes wrong?

Stop playing defense and start building safety into the foundation of your work.

Our Trade Partners



We are proud to work with many trade partners who share our dedication to building safer teams across the country.

Are you interested in partnering with us? Let's chat!

SIGN UP HERE!

CHECK IT OUT!



"We don't need any additional training; all my people have their OSHA 30."

When a potential client comes to us seeking help with their safety program, we commonly recommend safety training based on their scope of work, regulatory, and/or contractual requirements. We are often met with some variation of the comment above. Many employers assume that OSHA 10 or 30 training satisfies their regulatory training obligations. It doesn't—and this misunderstanding can carry serious consequences.

OSHA 10 and 30-hour cards are not sufficient to meet federal training requirements. They're a helpful foundation, but they are not the finish line. OSHA outreach training provides general awareness, but it doesn't address the *specific* hazards your employees may face on a particular job site, which OSHA requires. Depending on your work, this might include fall protection, confined space entry, hazard communication, lockout/tagout, respirator use, etc.

From OSHA's website:

"OSHA recommends outreach courses as an orientation to occupational safety and health for workers. However, some states have enacted laws mandating the training. Also, some employers, unions, organizations or other jurisdictions may also require this training."

"Employers are responsible for training their workers on specific hazards of their job, as noted in many OSHA standards. A list of standards requiring training is found in OSHA Publication 2254 [PDF], "Training Requirements in OSHA Standards and Training Guidelines."

We've also seen this misconception play out in courtrooms, where employers mistakenly believed their OSHA 30 cards would shield them from liability. It doesn't work that way. "They had their OSHA 30" is not a valid defense. Regulators and attorneys will ask: "Were they trained for the **actual hazards** they faced on the job?"

Bottom line: OSHA 10/30 is a starting point, not a compliance strategy. If you're

unsure whether your current training covers all regulatory requirements, reach out—we can help you identify and fill the gaps.

OUR TRAINING



Rigging is an intricate process that requires precise planning, expert skills, and specialized equipment to ensure the safe and effective movement or positioning of various loads. That's why it's essential your operators have been properly training and continue their learning as their careers develop.

Whether you are new to rigging or preparing for a higher certification, we have a class that could be right for you.

- Basic Rigging and Inspection
- Trained Rigging Gear Inspector Level 1
- NCCCO Certification Rigger Level 1 & 2 Test Prep

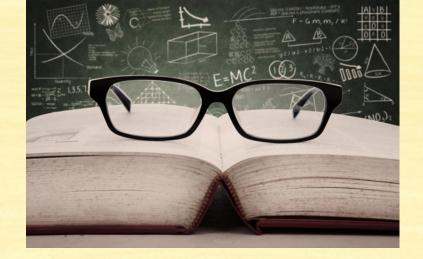
With Exceed Safety's online training portal, your team can refresh old skills or learn new ones, 24/7, on their schedule.

Interested in browsing our full training catalogue? Click here!

Live, in-person training is also available for a variety of safety topics (and may be more cost-effective than you think!) **Contact us to discuss!**

SAFETY EVENTS

National Eye Exam Month



Eye exams aren't just for finding out whether you need a new pair of glasses or contacts. They're about getting a better understanding of your eyes, your eye history, and your overall health. Eye exams can reveal serious health problems, such as diabetes, high blood pressure, high cholesterol, heart disease, and more. Even if you don't need vision correction, creating a history of how your eyes have changed over the years is important. Getting your eyes checked every year can help your eyes and whole body stay well. If you haven't yet scheduled your annual eye appointment, contact your vision provider today!

Safe + Sound Week (August 11 - 15)



Safe + Sound Week is a nationwide event held each August that recognizes the successes of workplace safety and health programs and offers information and ideas on how to keep America's workers safe. This year Safe + Sound Week will provide resources and activities for businesses on emergency preparedness and response that can be done at work or at home. Check out our article on emergency preparedness for more information on how you can stay prepared.

National Safe Digging Day (August 11)



Hitting a buried utility line while digging can disrupt utility service, cost money to repair, or cause serious injury or death. Nearly 40 percent of homeowners will put a utility service at risk by not calling 811 before starting a project. The most popular DIY home projects that involved digging in 2020 included: planting a tree or shrub, building a patio or deck, building a fence, and installing a mailbox.

811 is the national call-before-you-dig phone number. Anyone who plans to dig (homeowner or contractor!) should call this number or go to their state's 811 website a few business days before digging to request the location of buried utilities be marked.

KEEP UP WITH US!



VISIT OUR WEBSITE

Safety Calendar

AUGUST 2025 SAFETY CALENDAR MONTHLY SUN THU MON TUE WED FRI SAT **EVENTS** National Immunization Awareness Month Back to School Month • Drive Sober or Get Pulled Over National Eye Exam Month National Night Out 10 12 13 14 15 16 National Safe Digging Day 24/31 25 26 27 28 29 30 Int'l Overdose Awareness Day Please follow us on social media at the links below, and if you have questions, comments, or wish to speak to us about our services, please call or email us directly. Have a safe month! Connect with us! **Exceed Safety** (919) 728-7233 info@exceedsafety.com exceedsafety.com

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