EXCEED SAFETY

September 2026

NEWSLETTER

Partnering with clients to build practical, sustainable safety programs.

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Hello, Safety Champions!

As summer winds down, September brings a change of seasons, new routines, and a sharper focus on preparing ourselves for fall and winter safety.

As we head into the back half of the year, changing weather, shorter daylight hours, and busy schedules can introduce new hazards both at work and at home. It's a good reminder that staying alert, planning ahead, and looking out for one another are some of the simplest and most effective ways to prevent injuries and keep everyone safe.

This month, we're sharing with you:

A Day in the Life of a Safety Consultant - Our newest blog gives you detailed insight into what our days look like at Exceed Safety!

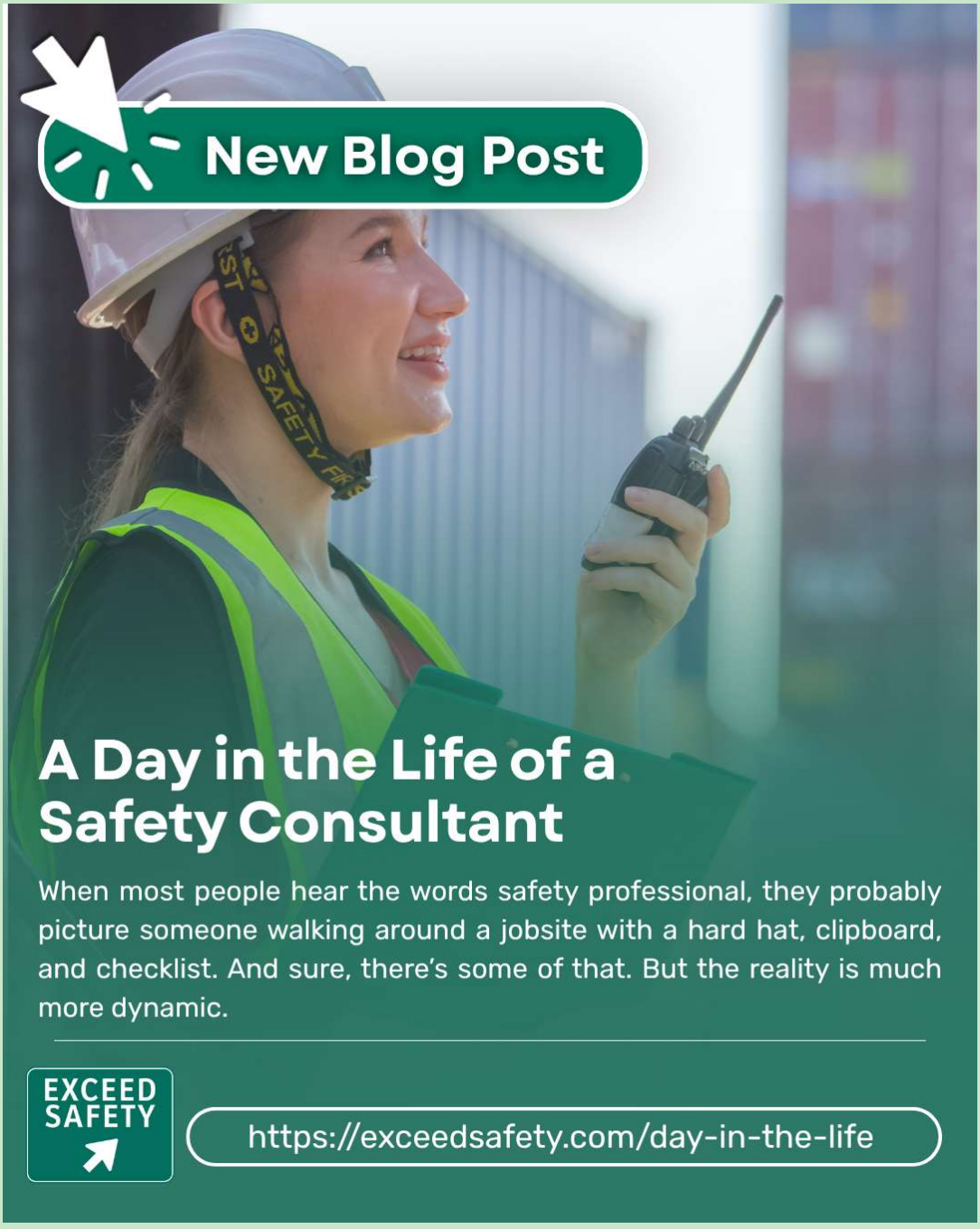
Quick tips for National Preparedness Month - Severe weather can happen anywhere and being prepared is the best way to ensure you'll stay safe

How to wind down job sites and prepare for winter. - Sara shares her tips for this transitional season. Read more below.

At Exceed Safety, we believe a strong safety culture is built through the choices we make every day. Whether you're on a jobsite, behind the wheel, in the office, or spending time at home, every safe decision matters.

As we move into the final months of the year, let's continue to lead by example and make safety a priority in everything we do.

Yours in safety,
Tim, Sara, and the Exceed Safety Team



SAFETY EVENTS

National Preparedness Month

Each September, National Preparedness Month encourages and reminds Americans to be **prepared for disasters** or emergencies in their homes, businesses, and communities.

Homeowners, families, communities, and businesses can use this opportunity to find ways or help others understand more about preparing for disasters and reducing risks to health and the environment.

Use these quick tips to get started:

Know your risk. identify the emergencies most likely where you live or work (severe weather, tornadoes, flooding, power outages, fires, etc.)

Build your emergency kit. Water, food, flashlight, batteries/power bank, first aid supplies, medications, and important documents.

Make a communication plan. Decide where to meet, who to contact, evacuation routes, and how you will connect if phones or internet are disrupted.

Truck Driver Appreciation Week (September 14-17)

Truck drivers deliver more than freight - they keep our communities running every day.

These 3.6 million professional men and women not only deliver our goods safely, securely, and on time, but they also keep our highways safe.

We're proud to recognize the hardworking professionals behind every mile.

Concussion Awareness Day (September 18)

A concussion happens when a sudden impact from a fall, bump, hit, or jolt causes the brain to bounce around or twist inside the skull. This can cause changes in the brain, damaging cells, and creating potentially serious effects.

Over half of people who think they have a concussion never seek medical care, most commonly because they do not think their symptoms are severe enough. The reality is that concussions can be an invisible and often symptomless injury with serious and long-term consequences.

Concussion Awareness Day reminds us that a concussion is a Traumatic Brain Injury (TBI). If you think you or someone you

know may be suffering a concussion, it's important to get treatment right away.

Finish the Season Strong. Start the Next One Safer.

As summer winds down, many teams are coming out of one of the busiest stretches of the year. Projects have moved quickly, crews have worked long days, and schedules have demanded constant attention.

As we transition into fall, this is a good time to make sure we finish the season with the same focus on safety that we started with.

Start With a Plan

Job closeout deserves careful planning. As crews demobilize, equipment is moved, temporary systems are removed, and materials are stored or relocated, conditions can change quickly. Take time to walk the site with fresh eyes.

Look for housekeeping concerns, changing access points, fall exposures, temporary power issues, unsecured materials, and equipment that needs to be inspected before storage or relocation.

A project isn't finished until the final worker leaves a safe and secure site.

Prepare for Winter

September is also the time to start preparing for winter. For some of us, we're still seeing 90 degree days, but cooler weather will be here before we know it. Cold weather brings a different set of risks, including snow and ice, reduced daylight, cold stress, temporary heating, and changing equipment conditions.

Don't wait for the first freeze to find gaps in your winter plan. Review snow and ice removal responsibilities, inspect heating equipment, check lighting, evaluate emergency procedures, and make sure workers have the **appropriate PPE** and training for colder conditions.

Reflect on Your Safety Program

Just as important, use this transition to look back at the summer and ask a few simple questions: What worked? What didn't?

Review your safety meetings, inspections, near misses, incidents, and corrective actions:

- Were the same hazards showing up repeatedly?
- Were there procedures that looked good on paper but were difficult to follow in the field?
- Did supervisors have the **training** and authority they needed?
- Did employees understand expectations?

Most importantly, talk with the people doing the work. They often have the clearest perspective on what helped, what created challenges, and what should change before the next busy season.

Strong safety programs are not static. They improve because organizations are willing to learn from experience and make adjustments.

As we head into fall, take advantage of this natural transition point. Close out projects deliberately. Prepare early for winter. Keep the practices that worked, improve the ones that didn't, and carry those lessons forward.

The busy season may be winding down, but our **commitment to safety** never does.

2026 Safety Calendar

SEPTEMBER 2026
SAFETY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Construction Suicide Prevention Awareness Week
National Truck Driver Appreciation Week
Concussion Awareness Day
Child Passenger Safety Week

MONTHLY EVENTS

- National Preparedness Month
- National Fall Prevention Awareness Month
- National Suicide Prevention Month
- National Food Safety Education Month
- Alcohol & Drug Addiction Recovery Month
- National Hispanic Latino Heritage Month

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KEEP UP WITH US!

Please follow us on social media at the links below, and if you have questions, comments, or wish to speak to us about our services, please call or email us directly.

Have a safe month!

Exceed Safety
(919) 728-7233 | info@exceedsafety.com
www.exceedsafety.com

Exceed Safety LLC | 7610 Falls Of Neuse Rd. Suite 200 | Raleigh, NC 27615 US

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